

Dear Producers:

We welcome for the fifth consecutive year to the **World Best Healthy Ewoo Contest** (WBHEC). It is difficult in these times with the Coronavirus pandemic, to get to where we have come and with the difficulties that this entails. And although that does not mean that we must lower our guard, we must fight so that Covid 19 does not win in battle.

In general terms, the Contest will be similar to previous years. There are only two differences:

The first and significant one is that you will only need to send **two** (2) samples of EVOO from each EVOO presented. In previous years, three samples were required. From now on it will be two (2) samples only.

The second is that the EVOO bottles that are sent for the exhibit **cannot be withdrawn** from it at any time. The main reason is that we take pictures annually the day after the awards ceremony. Therefore, we ask that the four bottles of each awarded EVOO not be removed.

We also want to highlight that we have proposed the name of **EVOO PREMIUM HEALTH** to the Extra Virgin Olive Oils that are awarded in this contest and in the years to come. It will be the way to further highlight the nature of these unique Awards in the world, which guarantee the Quality of the EVOO as the **Healthiest**.

We remember that the three Prizes called to the Contest are on **Saturated - Unsaturated Fats, Total Phenols** and the maximum amount of **Oleocanthal**.

We hope that this Harvest of 2020 - 2021 will be excellent, especially for consumers of Extra Virgin Olive Oil. The **Contest Rules** can be viewed on the following web pages:

[www.oleocanthalsociety.com](http://www.oleocanthalsociety.com)

[www.oleocanthal.es](http://www.oleocanthal.es)

[www.mdthewayoflife.com](http://www.mdthewayoflife.com)

[www.worldbesthealthyewoocontest.com](http://www.worldbesthealthyewoocontest.com)

[www.wbhec.es](http://www.wbhec.es)

**Good harvest !!**